

## California State Senate

CAPITOL OFFICE  
STATE CAPITOL, ROOM 2054  
SACRAMENTO, CA 95814  
TEL (916) 651-4026  
FAX (916) 651-4926

SENATOR  
**BEN ALLEN**

26TH SENATE DISTRICT

DISTRICT OFFICE  
2512 ARTESIA BLVD., SUITE 320  
REDONDO BEACH, CA 90278  
TEL (310) 318-6994  
FAX (310) 318-6733

WWW.SENATE.CA.GOV/ALLEN

# Senior Gateway

There are more than 4 million people in California age 65 or older. In response to the needs of these important seniors, the California Legislature has renewed its efforts to improve the state's Guidelines for Alzheimer's Disease Management and has resolved to maintain the state's Senior Bill of Rights, established in 2002.

The **Senior Gateway** website is a one-stop location to find information and resources on such topics as:

- ▶ Medicare, Medi-Cal & Long-Term Care
- ▶ Knowing Your Rights
- ▶ Veterans' Information
- ▶ Financial Resources & News Updates
- ▶ Recognizing & Reporting Abuse & Neglect

**Senior Gateway** was developed by the California Department of Insurance along with several other state and local agencies sharing the common purpose of protecting seniors from financial abuse through coordinated action.

The resources on the back of this bookmark provide contact information for **Senior Gateway** and several other groups and agencies.

Please contact the district office if legislative staff can be of any assistance to you.

## GOVERNMENT RESOURCES

Senior Gateway: [www.seniors.ca.gov](http://www.seniors.ca.gov)

California State Legislature: [www.legislature.ca.gov](http://www.legislature.ca.gov)

Administration on Aging: [www.aoa.gov](http://www.aoa.gov)

Centers for Disease Control and Prevention (CDC):  
[www.cdc.gov](http://www.cdc.gov)

Consumer Financial Protection Bureau (CFPB):  
[www.consumerfinance.gov](http://www.consumerfinance.gov)

Centers for Medicare & Medicaid Services (CMS):  
[www.cms.gov](http://www.cms.gov)

USA.gov (guide to government information and services): [www.usa.gov](http://www.usa.gov)

State Bar of California - Seniors & the Law:  
[www.calbar.ca.gov/Public/Pamphlets/Seniors.aspx](http://www.calbar.ca.gov/Public/Pamphlets/Seniors.aspx)

## NON-GOVERNMENT RESOURCES

American Association of Retired Persons (AARP):  
[www.aarp.org](http://www.aarp.org)

About Assisted Living: [www.aboutassistedliving.org](http://www.aboutassistedliving.org)

California Advocates for Nursing Home Reform (CANHR): [www.canhr.org](http://www.canhr.org)

California Health Advocates:  
[www.cahealthadvocates.org](http://www.cahealthadvocates.org)

National Council on Aging (NCOA): [www.ncoa.org](http://www.ncoa.org)

California 2-1-1: call 24 hours a day, 7 days a week - be connected with health and human services in your community: [www.211california.org](http://www.211california.org)

The Senior Gateway refers you to external websites and documents which were not prepared or supported by the California State Senate. The California State Senate is not responsible for the content or accessibility of the resources linked from these websites.